

Listen & Learn

ACTIVATE LISTENING

SECOND EDITION



Adept English Sample

your

HILARY PLATT

NEW ACTIVATE YOUR LISTENING
COURSE

Second Edition

HILARY PLATT

Illustrated by
ANDREW MEPHAM

adept  **english**

Adept English Sample

Adept English Sample

Copyright © 2024 Adept Languages Ltd

All rights reserved. This book or any portion thereof may not be reproduced or used in any manner whatsoever without the express written permission of the publisher except for the use of brief quotations in a book review.

Published in the United Kingdom
First published, 2024

Published by ADEPT LANGUAGES LTD
71-75 Shelton Street
Covent Garden
London
WC2H 9JQ

Visit adeptenglish.com

Contents

Preface	
Introduction	11
1. Facts about the UK	15
2. The UK - Facts about the UK Vocabulary	19
3. The UK - Story - The Barbecue	28
4. The UK - Conversation about Holiday Plans	33
5. The UK - Conversation about Holiday Plans - Vocabulary	37
6. The UK - Conversation about Homework	44
7. The UK - Pronunciation Practice	49
8. Food in the UK	52
9. Food in the UK Vocabulary	56
10. Food in the UK - Conversation about a shopping list	68
11. Conversation with Hannah on Food	74
12. Conversation with Hannah on Food - Vocabulary	80
13. Food - Pronunciation	88
14. The British Education System	91
15. The British Education System Vocabulary	96
16. The British Education System - Story	107
17. The British Education System - Interview with Hannah	111
18. The British Education System - Interview with Hannah - Vocabulary	120
19. The British Education System - Interview with Luke on GCSEs	131
20. The British Education System - Pronunciation Practice	138
Afterword	141
Author Biography	143
Credits	145

Preface

Welcome to the Adept English New Activate Your Listening Course. This course has been revamped - that means improved, made better, extended. And it replaces the old Adept English Course One: Activate Your Listening. If you bought that one, don't worry, this one uses some of the same material, but it's more sophisticated and it makes greater use of 'spaced repetition' in order to enhance your learning. And it's in a much more useable, downloadable format than the old course. Also it's an audiobook, which we know that you, our audience prefer.

This course, this audiobook follows on from the Most Common Five Hundred Words Course. And of course we build on your experience of using the Adept English podcast to further your learning of the English language, with a particular emphasis on that most difficult part - achieving fluency in spoken English. Don't forget also - use our free course, The Seven Rules of Adept English to understand how best to use all of our listening material.

This course provides additional, focused help to English language learners. The power of the natural method of learning through listening is unrivalled when it comes to learning a foreign language. It's what nature intended, the way you learned your own language when you were small. Unfortunately many traditional methods of

teaching foreign languages fall short - and do not use your brain's natural way of acquiring a language. Instead language learning is made into a formally taught school subject or college subject, with as much emphasis on reading, writing and speaking as on understanding. But if we are to achieve proper fluency, true fluency in a language, then listening and through listening, understanding spoken English is by far the most important task. When you learned your first language, you didn't do it through grammar lessons and vocabulary lists. You learned naturally through hearing, through listening. You acquired your language naturally through the 'immersive experience' of hearing it spoken every day. An 'immersive experience' means that it was all around you, constant - and this is the way that your brain is wired to learn language.

Unless you were able to go and live in an English speaking country, this learning experience wouldn't be possible for you. And even if you do that, the speed with which you learn will depend very much upon your personal circumstances and how much opportunity you get to listen and practise. It takes courage to learn a native language when you are not a native. And it takes exposure - you have to be around people who are speaking that language. It's quite possible to live for many years in an English speaking country, without really acquiring English if you aren't exposed to the right environment and if you don't have opportunity to practise speaking with people who know you're learning.

So here is Adept English to help you. Of course, practising hearing English and speaking English in real-life, with real people has no substitute. But that can be really difficult to do before you've reached a certain level of being able to understand English. Your understanding or 'comprehension' of spoken English is the first and most important skill of language learning to acquire. Only when you understand can you hope to start speaking English with any fluency.

Much real-life English conversation and much of the English speaking material you find online - well, it's just too difficult a level,

it's too hard to understand for the English language beginner or intermediate learner. Adept English aims to provide a bridge, a 'stepping stone' if you like and a consistent approach that you can use while you grow your skills in spoken English comprehension. Using Adept English means you can quietly grow your English understanding in your own home, in privacy, through listening!

Apart from that, we like to think that our listeners enjoy our content in its own right, especially the wide variety of materials in our podcasts. So this new Activate Your Listening Course also aims to cover subject matter which is common to us all. Universal topics maintain interest and common vocabulary ensures the quickest, 'most adept' route to genuine English language acquisition and genuine fluency. I'm covering words you'll need to know!

No vocabulary lists to learn here. No grammar lessons either (though sometimes I think it useful to occasionally give a bit of grammar focus!). Instead just sit back and listen - and repeat listen. And find somewhere quiet for the final chapter in each topic - because that's your invitation to practise your pronunciation. You don't want any onlookers - you just to be able to practise speaking in private, on your own while you perfect your pronunciation, your intonation and your accent.

This course, if used as directed, will be instrumental in your language learning journey. I hope that you enjoy it as well - and I wish you all the best with it!

Adept English Sample